

# CAMP TRAILS

Florida Lions Camp  
2819 Tiger Lake Road  
Lake Wales, FL 33898

Phone: 863- 696- 1948  
Fax: 863- 696- 2398  
Email: flc@gte.net

## HAPPY HOLIDAYS FROM FLC!

The Florida Lions Camp would like to wish you all happy holidays and thank you for being a part of our family this past calendar year. We look forward to working with all of you in the upcoming year on our mission to provide recreational programming for campers of all ability levels.

We hope that your holiday season is filled with joy and excitement and would like to wish you all well in the new year!



### How to get involved this holiday season!

There are many ways you can give to your Florida Lions Camp this holiday season and make a difference for your camp. Here are a few:

- **Monetary Donations:** like all times of the year, we are thankful for much needed monetary donations
- **Winter Camp Volunteers:** contact Rob about volunteering for Winter Camp, [robcege@hotmail.com](mailto:robcege@hotmail.com)
- **Work Parties:** there are always jobs that need groups attention at the camp

*... giving kids a world of good through camping*

# Campfire Talk

## Two Words, Not Said Enough...

As another successful Haunted Trail comes to an end and with Summer 2009 still fresh in my memory, I have been reflecting about everyone that makes up the FLC family (campers, staff, Lions, volunteers, etc.). When thinking about this, you have to appreciate the extended family that our camp creates. Because of our shared love for the FLC mission, I not only have family all over Florida, but family all over the world! Being a part of the FLC family is something I treasure in life, and I am happy to have had the chance to be a part of such a beautiful family.

And as I think about our FLC family and the love, support and time you all give to this mission that I care so deeply about, I have been thinking a lot about two words that we all think about and feel for one another, but do not say enough: Thank you.

I thank you all so very much for making FLC a part of your life and giving so much of yourself to support this cause. I thank you for giving so much but asking for so little in return. I thank you for believing in a worthy cause and not letting tough times dampen that belief. I thank you for ensuring that individuals across the state of Florida are given opportunities at our camp each summer that would otherwise be unavailable. I thank you for the smiles you help create each summer. I thank you for the memories that I will always remember. I thank you for reminding me what a group of committed individuals can create when all is put aside for a common goal and a team is created. I thank you for being a part of the FLC family.

I love this camp and what it's mission does for every one who comes in contact with it. We have all learned a lot of invaluable lessons in life because of this camp (understanding, humility, commitment, and perseverance to name a few). But as I reflect on what FLC has meant to me, thankfulness, gratitude, what ever you want to call it, is something I think that has really changed within me during my time with the FLC family. I am thankful that I have been given the chance to be a part of something bigger than myself in my life. I don't complain about life as much, when I realize that life is enough. I don't wish for wants, when I have the needs. And I don't ask for what can I get, when I still have more to give. I guess you could say I am thankful for being taught how to be more thankful!

So I think it is important for us members of the FLC family to thank each other for all we do together for this mission, but I truly think the real thank you goes to the camp itself and the mission it serves. Every single one of us is a better person because of what this camp has taught us. A new day, a new lesson. We always focus on what we teach our campers, but the beauty of this place is what our campers teach us. Every day we should think of new ways to thank our camp for what it has taught us.

As we look to FLC's future, I look forward to the lessons ahead. And to have you with me as we learn together, all I can say is....Thank you!

Happy Holidays everyone!

*Robert Cage*

Camp Director

robcase@hotmail.com



*Our hearts will always stay!*

## *A Note from Executive Director, Barbara Cage*

As we head toward the holidays, I find myself reflecting back on what I have to be most thankful for and what gives me the greatest joy. Of course family tops that list and the FLC ‘family’ is very near and dear to me. I THANK each of you that is a part of camp and for all that you do to support and nurture its mission. The gift each camper receives in attending camp lasts all year long and brings the joy of accomplishment, self-growth, new friends and a smile of contentment, not only to each camper, but also to the friends and families that share these feelings as they remember their camp experience. And, it isn’t just the campers that are on the receiving end. Every staff, volunteer and visitor takes away something valuable from your Florida Lions Camp, and though it is not tangible, it definitely stays in your heart and memory forever.

SO.....now we have entered a new fiscal year full of possibilities, with both old and new obstacles to challenge us. We nearly balanced our budget last year and we can definitely do it this year with just a little more effort. The recent Haunted Trail is just the beginning and a good example of what we can do to help us meet our goals for this year. The November Challenge for \$2,000 from the Lions Clubs in each District is our next task and I am sure we will meet that goal, too.

To help keep us focused, I have borrowed the following from Mastercard:

**Cost of 1 staff for a week (24 hours daily) = \$250**

**Cost of 1 week session per camper = \$1,000**

**Value of putting the above together at FLC = PRICELESS**

I thank you on behalf of our staff, Board, and most importantly our campers and their families for all that you do. THANKS and have a great holiday season and a blessed New Year!!

**FLC Mission: “to help insure a better future for ALL” and give “a world of good through camping” by providing Inclusive Recreational Programming for Campers of Varying Abilities**



# UPCOMING EVENTS



## Winter Camp 2009

**December 7-11 & December 14-18**

Join us this Winter for a Seasonal recreational BLAST! Celebrate the wonderful Florida weather with FLC's summer programs with a *chilly* twist! Canoeing, Arts & Crafts, and more!

**\*\* Both Winter Camp Sessions are 18+\*\***

Applications can be found at the FLC website:

[www.lionscampfl.org](http://www.lionscampfl.org)

Please contact Carissa Moen for more information:  
assiracneom@hotmail.com or 863-696-1948 ext 12

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## Lion's Meetings at FLC

- **November 21st, 2009– District D Cabinet Meeting**
- **January 8th-10th, 2010– Council of Governor's Meeting**
- **January 16th, 2010– District I Cabinet Meeting**
- **January 23rd, 2010– District R Cabinet Meeting**



# Annual Lions Club Bluegrass Festival



To benefit the Florida Lions Camp for the Visually Handicapped  
**January 22-24, 2010**  
 Florida Lions Camp - 2819 Tiger Lake Rd. - Lake Wales, FL

**Performances by:**  
 Palms Bluegrass  
 Goldwing Express  
 Carolina rebels  
 The Fleas  
 Sawgrass Drifters  
 New River Boys  
 The Doerfels  
 Roger Bass Hillbillies

Friday, January 22 Open Stage Jam starts at 7:00 pm  
 Saturday, January 23rd All Day Fest starts at 10:30 am  
 Sunday, January 24th All Day Fest starts at 10:30 am

Food and beverage available

Friday Donation: \$5.00 • Saturday Donation: \$16.00 • Sunday Donation: \$12.00  
 Advance All Access Weekend Pass: \$30.00 (by January 15, 2010)

Camping Available: RV Camping \$18.00/night • Tent Camping \$5.00/night

For advance ticket sales or more information, visit  
[www.bonitions.org](http://www.bonitions.org) or call Ken Shivel 239-992-0154  
 Email: [viphilliard@aol.com](mailto:viphilliard@aol.com)

Sponsored by Bonita Springs Lions Charities, Inc.

American Legion Riders & The Sebastian Lions Club present...

## SPECIAL RIDERS for SPECIAL KIDS

\$15 per rider  
 \$5 per passenger

50/50 Raffles Prizes



Trophies for Largest Group  
 Furthest Group  
 Best Bike

GIVEAWAYS

## POKER RUN SUNDAY NOV 15TH

- STOP 1 REGISTRATION 8-10 AM AMERICAN LEGION #189 Sebastian
- STOP 2 BREAKFAST \$5 8-12 PM POST 39 Vero Beach
- STOP 3 NEW ENGLAND EATERY & PUB Melbourne Shores
- STOP 4 AMERICAN LEGION #81 Palm Bay US1
- STOP 5 PARTY @ EARL'S HIDEAWAY FEATURING



NATIONAL RECORDING ARTIST CANDYE KANE

Dr. Norman Meyer	New England Eatery & Pub	The Tax Authority	Rev It Up & Ride	Kim Ellis Insurance	Indian River Seafood Market	Gerald Kennark Inc.	No Turn Lawn Service
Gerry Schwarz	Hometown Optical	Arnold Heating & Air	Cusally Plumbing	Earls Hideaway	Fest Frank's Motorcycle Concepts	Seacoast National Bank	The Circus
Ford's Lodge	Chambers Home Healthcare	Pelican Diner					

The Florida Lions Camp is dedicated to serving needs of youth with visual impairments and other challenging disabilities

Checks made payable to Sebastian Lions Charity Foundation

# WALK-A-THON 2010

The Florida Lions Camp will be holding it's annual Walk-A-Thon on Saturday March 6th, 2010. The event will be held at the Florida Lions Camp, but participants to not have to attend to participate. Participants may raise funds and set-up their own walks in their areas. We encourage Lions to get together in zones, regions or districts to set-up walks in your own areas to help raise funds for camp!

For more information, please contact Rob at 863-696-1948 ext. 14 or [robcase@hotmail.com](mailto:robcase@hotmail.com).



# Haunted Trail 2009

FLC's 10th Annual Haunted Trail Fundraiser was another success in raising funds to help us in our mission to serve campers of ALL ability levels. Approx. \$17,000 was raised at this year's event!

Running two weekends this year (Oct. 23-24 and Oct. 30-31), FLC was able to entertain more guests than years past this past month. With this being the first year FLC tried two weekends, volunteers were especially needed and appreciated. Volunteers came from across the state to help FLC raise much needed funds to help us in our mission to serve campers of all varying abilities! A special thank you goes to the Homosassa Lions Club, who once again built and manned their own scene for both weekends! A special thank you also goes to Lion Lisa (former FLC staff member) and Steve Williams who traveled all the way from England to participate in this year's trail! Lion Lisa and Steve have participated in over five Haunted Trail's now!

Because of amazing volunteers and hard work from the FLC staff team, guests were impressed by this year's event; the Haunted Trail was scarier than ever, younger visitors enjoyed trick or treating through our Enchanted Forest and everyone had fun at the Carnival!

FLC would like to thank all the volunteers, staff, sponsors and guests who made this event a success and we look forward to seeing everyone again next year!



# Special thanks...

Events like the Haunted Trail are not possible without the wonderful volunteers and sponsors that support your Florida Lions Camp. FLC was able to raise \$17,000 due to the commitment of everyone who helped by donating time, money, or other very important resources. We want to take the chance to thank the following sponsors for their generosity and support for this event and the Florida Lions Camp cause!



*\*Special thank you to Lion Andrew Moos who had the above image placed on bus stop benches around Central Florida!*

## Haunted Trail Full Sponsorships

- Lynn Haven LC
- Citrusuco North America, Inc
- Port St Lucie West LC
- Sanibel Captiva LC
- Tara Bleitz
- Lake Wales Medical Center
- Ft Lauderdale Lions Club
- Cardinal Roofing
- Roger Messer P.A.
- Lions Martin Murphy/Diana Castillo
- FLC Board of Directors

## Haunted Trail Full Sponsorships

- N. Fort Myers Noon LC
- Applied Aquatic Mgmt., Inc
- Coral Springs LC
- Tallahassee LC
- Indoor Comfort Solutions
- Aventura N. Miami Bch LC
- Ft. Myers Beach LC
- Fort Pierce LC
- Belle Glades LC
- Green Cove Springs/  
Middleburg Black Creek LC
- Homosassa LC

## Partial Sponsorships

- Green Cove Springs LC
- Middleburg Black Creek LC
- Lion Bo Hurley
- Lion Delmar Elza
- Bradenton LC
- Lion Dr. Howard Freedman
- Gomez Roofing
- Lake Wales Medical Center
- RRPOA
- Ridge Body Shop Inc.
- Crazy Fish Restaurant



# ACA Southeastern

Members of the year-round Florida Lions Camp staff attended the American Camping Association (ACA) Southeastern Conference in Hilton Head, SC. The conference brings together professionals in camping to attend educational sessions, discuss important topics in the camping field and network with other professionals in the Southeastern Section of the United States. FLC staff also attended the ACA Standards Course which is one of the requirements for the camp to stay ACA accredited. FLC will be up for their renewal in accreditation this upcoming summer season.



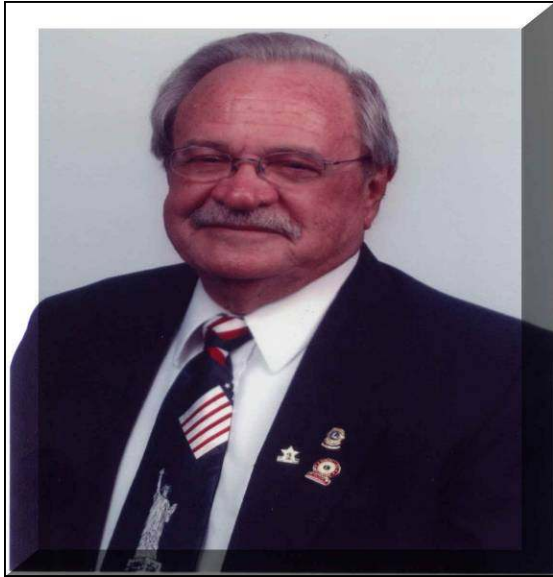
*IPDG Gerri Coleman*

## *In Loving Memory...*

On Sunday November 8th, 2009, the Lions of Florida lost one of it's dynamic leaders within the Multiple District.

Lion Gerri's lively spirit and fun filled attitude will be missed by members of the FLC family. The Florida Lions Camp sends our condolences to family members and fellow friends of IPDG Gerri Coleman.

# In Loving Memory...

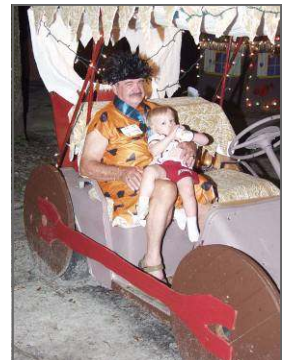
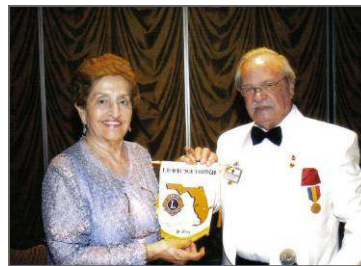


*P.D. E. Robert Lastinger*

On Saturday October 31st, 2009, the Florida Lions Camp lost one of its dearest friends. P.D. E. Robert Lastinger was a warming and encouraging presence to our camp. Bob was loved by staff, fellow Lions and campers alike because of the passion and commitment he displayed for his camp. Bob was always a driving force within Lionism for the camp, serving as President of the Board, and whenever there was anything involving the camp, Bob was there. Everyone who knew Bob, knew his love for this mission.

The Florida Lions Camp family will always miss Bob's irreplaceable love and spirit for our organization. Our condolences go out to Lion Lois and family, fellow Lions, friends, and the many individuals whose lives P.D. Bob touched through his remarkable and dedicated life of service.

## Memories of Bob...



# Where in the World?

My much overdue update on life since camp... I was really disappointed that I couldn't come back to camp this year. I met SO many amazing people, staff and campers alike, during summer of 2008. Being able to see the USA was a really great fun-filled experience and camp really helped me grow as a person. I learned a great deal about special needs and have so much respect for those with special needs, as well as their families. My experience has made me hungry for more knowledge and skill in that field, so I am very grateful for having had the opportunity last year. Since then I have returned to my position as a Social Worker at a drug and alcohol treatment center, where I counsel people with addictions. I love my job, but I'll admit coming home after camp was quite an emotional time for me, as I needed some time to readjust after having such a life-altering experience. Thank you FLC!



**Daniela Ferucci**



**FLC Green Tip #7:** Use a reusable coffee mug. According to [SustainabilityIsSexy.com](http://SustainabilityIsSexy.com) Americans use roughly 16 billion paper cups every year. 1.9 billion are from Starbucks alone! By bringing your own mug you can greatly reduce that number, plus most coffee shops offer discounts when you use your own mug, Cha-Ching! You can learn more about coffee cup waste and the movement to reusable mugs at [SustainabilityIsSexy.com](http://SustainabilityIsSexy.com).



# International Recipe

## FISH CAKES

Jenny Jones *England*

### Ingredients:

1lb mixed fish such as cod, haddock, salmon,  
smoked haddock

2 tbsp freshly chopped parsley

1 quantity mashed potato

1 egg, beaten

Salt and freshly ground pepper

Vegetable oil, for frying

Heat oven to 375°F. Place fish in roasting tin and cook for 10-15 minutes until opaque and starting to flake. When cook enough to handle, take off the skin, remove any bones and flake fish into large chunks.

Mix fish, potato mash, and parsley together with enough of the egg to bind the mixture. Mix together carefully as to not break up the fish too much. Season well.

Shape into 8-12 patties, depending on how large you like them and chill thoroughly.

Heat oil in frying pan and heat fish cakes until golden brown on each side.

Serve with tomato sauce, parsley sauce, or hollandaise.



## Jump on Board!

"Jump on Board!" FLC Challenge Express was created by District Drive Director Bob Hilliard. He challenges all Florida Lions to make a personal donation of \$10 a month (or \$120 a year) to camp. With just 3,000 of our Florida Lions getting 'on board' we will have collected over \$300,000 for camp. This would get the camp "out of the red" and into the "black."

**REMEMBER THE KIDS...** so "Jump on Board!" today and make your commitment. It's full steam ahead for the FLC Challenge Express!

Nearly \$8,000 has been raised in the Lions Challenge! Keep up the good work and we will be meeting our goal in no time!

# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 Sand Sculpting Festival Ft. Myers Beach, FL	7
8 Sand Sculpting Festival Ft. Myers Bch, FL	9	10	11	12	13 Council of Governor's Meeting Ocala, FL	14
15 Sebastian Bch. LC Poker Run	16	17	18	19	20	21 District D Cabinet Meeting
22	23	24	25	26 FLC Office Closed For Thanksgiving Holidays	27	28
29	30					
<b>December 2009</b>						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Winter Camp Session 1	8	9	10	11	12
13	14 Winter Camp Session 2	15	16	17	18	19
20	21	22	23	24 FLC Office Closed For Winter Holidays	25	26 Happy B'Day Liz Cage, Staff!
27	28	29	30 FLC Office Closed For Winter Holidays	31		

. . . Giving Kids a world of good through camping

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